



NORTH WHIDBEY SOCCER CLUB

Post Office Box 2896, Oak Harbor, WA 98277 * wys-nwsc.affinitysoccer.com



Please complete one form per player – print or type clearly

Youth Medical Release Form

Player's Name: _____ Birth Date: _____ Sex: M / F

Parents' Names: _____

Mailing Address: _____ City: _____

Home Phone: _____ Parent's Cell Phone: _____

In case of emergency and parents are unreachable, notify:

Name: _____ Phone(s): _____

Medical Insurance Company: _____ Policy Number: _____

Phone: _____ Group Name/Number: _____

Medical Consent Agreement

As a parent/guardian of the child above, I understand that soccer is a strenuous and potentially dangerous sport. By my signature below, I do hereby consent to my child's participation in the Rock On! 3v3 Soccer Tournament. I do hereby waive, release, indemnify, and agree to hold harmless North Whidbey Soccer Club, Rock On! 3v3 Tournament, program organizers, sponsors, supervisors, and participants from any and all claims for personal injuries. Furthermore, I do hereby authorize the Coach, Program Directors and/or Club Representatives to act as Agents for my child to consent to emergency medical, surgical, or dental examinations, treatments, etc.

Signature: _____ Date: _____

Concussion Information

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If you notice the symptoms or signs of concussion, seek medical attention right away.

Symptoms may include one or more of the following:

- | | | | |
|------------|--------------------------|-------------------------------------|-------------------------|
| Headaches | More emotional | Blurred, double, or fuzzy vision | "Pressure in head" |
| Neck pain | Irritability | Concentration or memory problems | Feeling foggy or groggy |
| Drowsiness | Nausea or vomiting | Repeating the same question/comment | Not feeling "right" |
| Confusion | Nervousness or anxiety | Balance problems or dizziness | Loses consciousness |
| Amnesia | Fatigue or low energy | Feeling sluggish or slowed down | |
| Sadness | Change in sleep patterns | Sensitivity to light or noise | |

Signs observed by others may include one or more of the following:

- | | | | |
|---------------|--------------------------|--|----------------------------------|
| Appears dazed | Vacant facial expression | Moves clumsily, w/lack of coordination | Can't recall events prior to hit |
| Forgetful | Answers questions slowly | Shows behavior or personality changes | Can't recall events after hit |
| Confused | Slurred speech | Is unsure of game, score, or opponent | Seizures or convulsions |

What can happen if you continue playing with a concussion

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play leaves the athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating or even fatal consequences.

If you believe you have suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete should return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. When in doubt, sit out.

I have read the foregoing information about concussions and agree to abide by all recommendations in the event that I suffer a possible concussion during the Rock On! 3v3 Soccer Tournament.

Signature: _____ Date: _____